Appendix 7 — Liturgy

Liturgical education is one of the six tasks of catechesis articulated in the General Directory for Catechesis. (85) The National Directory for Catechesis clearly outlines the relationship between catechesis and liturgy. “Catechesis both precedes the Liturgy and springs from it…. Liturgy itself is inherently catechetical.” (33) As such, it is important to provide for our children a firm grounding in the rich liturgical heritage of the Catholic Church. In an effort to assist catechists some liturgical basics are listed below.

**SEVEN SACRAMENTS**

_Sacraments of Initiation_

1. Baptism
2. Confirmation
3. Eucharist

_Sacraments of Healing_

4. Penance and Reconciliation
5. Anointing of the Sick

_Sacraments of Service_

6. Holy Orders
7. Matrimony

**HOLY DAYS OF OBLIGATION**

1. Immaculate Conception (Dec. 8)
2. The Nativity of the Lord (Christmas) (Dec. 25)
3. Mary, Mother of God (Jan. 1)
4. The Ascension of the Lord (7th Sunday of Easter in our diocese)
5. The Assumption of the Blessed Virgin Mary (Aug. 15)
6. All Saints Day (Nov. 1)

**LITURGICAL BOOKS**

1. Lectionary
2. Book of the Gospels
3. Roman Missal
4. Book of Blessings

_The church has several other liturgical books that are used in specific instances, e.g. Order of Christian Funerals, Rite of Baptism, Rite of Marriage, etc._

**SACRED FURNISHINGS, VESSELS, AND VESTMENTS**

1. Alb
2. Altar
3. Altar Cloth
4. Ambo
5. Ambry
6. Baptismal Font
7. Cathedra
8. Chasuble
9. Chalice
10. Ciborium
11. Cincture
12. Corporal
13. Crosier (Crozier)
14. Crucifix
15. Dalmatic
16. Flagon
17. Holy Oils
18. Miter
19. Monstrance
20. Paten
21. Presider’s Chair
22. Purificator
23. Reconciliation Rooms
24. Sanctuary Lamp
25. Stole
26. Tabernacle
**Liturgy**

**LITURGICAL YEAR AND COLORS**

<table>
<thead>
<tr>
<th>Season</th>
<th>Time</th>
<th>Color</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advent</td>
<td>Four weeks preceding Christmas</td>
<td>Violet</td>
</tr>
<tr>
<td></td>
<td>Christmas</td>
<td>Rose on 3rd Sunday</td>
</tr>
<tr>
<td>Christmas</td>
<td>Christmas Eve through the Baptism of Jesus</td>
<td>White</td>
</tr>
<tr>
<td>Ordinary Time</td>
<td>Monday after the Baptism of Jesus to Ash Wednesday</td>
<td>Green</td>
</tr>
<tr>
<td>Lent</td>
<td>Ash Wednesday to the Mass of the Lord’s Supper (evening of Holy Thursday)</td>
<td>Violet</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Red on Palm Sunday</td>
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<tr>
<td></td>
<td></td>
<td>Rose on 4th Sunday</td>
</tr>
<tr>
<td>Triduum</td>
<td>Mass of the Lord’s Supper through Evening Prayer of Easter Sunday</td>
<td>White</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Red on Good Friday</td>
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<tr>
<td>Easter</td>
<td>Easter Sunday through Pentecost</td>
<td>White</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Red on Pentecost</td>
</tr>
<tr>
<td>Ordinary Time</td>
<td>Monday after Pentecost to first Sunday of Advent</td>
<td>Green</td>
</tr>
</tbody>
</table>

**PARTS OF THE MASS**

1. Introductory Rites
   a. Entrance
   b. Sign of the Cross/Greeting
   c. Penitential Act
   d. Gloria
   e. Collect

2. Liturgy of the Word
   a. First Reading
   b. Responsorial Psalm
   c. Second Reading
   d. Gospel Acclamation
   e. Gospel
   f. Homily
   g. Profession of Faith—Nicene Creed
   h. Universal Prayers (Prayer of the Faithful)

3. Liturgy of the Eucharist
   a. Preparation of the Altar and Gifts
   b. Prayers over the Offerings
   c. Eucharistic Prayer
   d. Communion Rite
      i. Lord’s Prayer
      ii. Sign of Peace
      iii. Breaking of the Bread
      iv. Communion
      v. Silence/Song of Praise
   e. Prayer after Communion

4. Concluding Rites
   a. Greeting
   b. Blessing
   c. Dismissal